

Workshop fee : 400€
(all included)

The workshop is limited to 20 persons.

Registration will be confirmed with a 100€ deposit.

FR13 2004 1010 0412 6419 4M02 507
PSSTFRPPDIJ

Would the number of participants be insufficient for the rental of the venue, the association reserves the right cancel the internship. The deposit will be returned.

Thank you for your understanding.



PLAN D'ARRIVÉE



The association Archimedes and Möbius
is inviting

Allen Pittman

From April 11th to 17th 2021

Château de Ligoure

(Haute Vienne)



<http://archimedeetmobiuss.wordpress.com>
archimede.et.mobiuss@gmail.com

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Workshop program

Training sessions :

9AM - 12AM

16:30PM - 18:30PM.

Wisdom of the body

Qi-Gong - Yogas

Psychology and physiology of martial arts

www.wisbod.com



Teaching will be in english.

Accommodation and meals

The reception will be from 17.00 on Sunday, April 11 and departure is scheduled Saturday, April 17 after lunch.

Trainees will be divided into rooms with 3 to 5 beds (sheets are provided).



Meals will be cooked by Lucie Jacques from local fresh products.

<https://chateaudeligoure.wordpress.com/>

Any questions ?

To pre-register,
please contact us :

archimede.et.mobius@gmail.com



Archimède & Möbius